



# UQU Student Exchange Programme

## Weeks 1 & 2 Timetable

*In partnership with Umm Al-Qura University · St George's Hospital, London*

**MONDAY 3 – FRIDAY 14 AUGUST 2026**

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**Dr Hamed Khan** | Divisional Lead for Medical Education

## Our Institutions

The UQU exchange is hosted jointly by City St George's, University of London and St George's Hospital – a university and a major teaching hospital sharing a single site in Tooting, South West London.

### City St George's, University of London

- City St George's, University of London was formed in 2024 through the merger of City, University of London and St George's, University of London, bringing together strengths in health, science, business, law and the creative industries.
- Its medical tradition at St George's dates back to 1733, making it one of the oldest centres of medical education in the United Kingdom.
- Its heritage includes Edward Jenner, pioneer of vaccination, and Henry Gray, author of Gray's Anatomy.
- The MBBS programme is built around early patient contact, clinical and communication skills, simulation, and sustained clinical placement across South London's richly diverse communities.
- The Tooting campus is shared with St George's Hospital – a distinctive model in which students learn medicine fully embedded within a working teaching hospital.

### St George's Hospital, London

- St George's Hospital, run by St George's University Hospitals NHS Foundation Trust, is one of the largest teaching hospitals in the United Kingdom.
- It is the Major Trauma Centre for South West London and provides specialist regional services – including neurosciences, cardiology, cancer, renal and complex surgery – to a population of several million.
- Students and visitors experience the full breadth of NHS care, from primary and emergency care through to quaternary specialist services, delivered by large multidisciplinary teams.
- The hospital is widely known to UK audiences as the home of the documentary series 24 Hours in A&E.
- Its clinical environment offers exceptional exposure to diverse patient populations, complex case mix and modern, team-based working.

### At a glance

|                                                          |                                                     |                                                            |                                                                         |
|----------------------------------------------------------|-----------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------------------|
| <b>1733</b><br>Medical teaching tradition at St George's | <b>Major Trauma Centre</b><br>for South West London | <b>One campus</b><br>University and hospital, side by side | <b>South London</b><br>One of the UK's most diverse patient populations |
|----------------------------------------------------------|-----------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------------------|

## Overview

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This first week is designed to provide the visiting UQU students with:

- A warm institutional welcome to City St George's and St George's Hospital
- A structured introduction to the NHS and UK medical education
- Peer-to-peer discussion with current medical students
- Meaningful clinical exposure within St George's Hospital
- Focused academic enrichment sessions on curriculum, assessment, research and clinical practice
- Opportunities for reflection, feedback and future partnership development

### Session key

|                       |          |          |             |                       |            |
|-----------------------|----------|----------|-------------|-----------------------|------------|
| WELCOME & ORIENTATION | CLINICAL | ACADEMIC | STUDENT-LED | REFLECTION & FEEDBACK | NETWORKING |
|-----------------------|----------|----------|-------------|-----------------------|------------|

# Monday 3 August 2026

## Welcome, Orientation and Student Experience Day

| Time        | Session                                                                                                      | Lead / Facilitator                                          | Purpose                                                                                                                                                                                                                       |
|-------------|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00–10:00 | <b>Formal welcome and introduction to City St George's and St George's Hospital</b><br>WELCOME & ORIENTATION | Prof Debu Banerjee, Dr Hamed Khan and Dr Ahalya Subramanian | Welcome the students, introduce the institutional partnership, outline the hospital-university relationship, and explain the structure and expectations of the visit.                                                         |
| 10:00–11:00 | <b>Tour of facilities</b><br>WELCOME & ORIENTATION                                                           | Student representatives                                     | Tour of key clinical and student-facing spaces, student facilities and relevant hospital areas.                                                                                                                               |
| 11:00–12:00 | <b>Introduction to the NHS</b><br>ACADEMIC                                                                   | Prof Debu Banerjee                                          | Overview of the NHS, including primary, secondary and tertiary care, multidisciplinary working, patient safety, confidentiality, professionalism, and how students engage safely within clinical environments.                |
| 12:00–13:00 | <b>Hosted lunch and informal networking</b><br>NETWORKING                                                    | Prof Debu Banerjee, Dr Hamed Khan and colleagues            | Informal opportunity for the students to meet staff and settle into the programme.                                                                                                                                            |
| 13:00–14:15 | <b>MBBS student meeting and Tooting campus tour</b><br>STUDENT-LED                                           | Student representatives                                     | Student-led discussion on the MBBS course structure, clinical learning, student life, placements, assessment experience, transition between years, and differences between the four-year and five-year routes where relevant. |
| 14:15–15:00 | <b>Clinical placement briefing</b><br>CLINICAL                                                               | Prof Banerjee / clinical placement team                     | Introduce the clinical placement area, supervisors, expected conduct, attendance arrangements, and learning objectives for the week.                                                                                          |
| 15:00–17:00 | <b>Clinical placement observation</b><br>CLINICAL                                                            | Prof Banerjee / clinical placement team                     | Supervised clinical exposure, including observation of clinical practice, ward/team working, and patient-centred care.                                                                                                        |

## Tuesday 4 August 2026

### Clinical Placement Introduction

| Time        | Session                                                                                  | Lead / Facilitator                      | Purpose                                                                                                                            |
|-------------|------------------------------------------------------------------------------------------|-----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| 09:30–12:30 | <b>Clinical placement observation</b><br>CLINICAL                                        | Prof Banerjee / clinical placement team | Supervised clinical exposure, including observation of clinical practice, ward/team working, and patient-centred care.             |
| 12:30–13:30 | <b>Lunch</b><br>BREAK                                                                    | –                                       | Break.                                                                                                                             |
| 13:30–15:00 | <b>Clinical placement continuation</b><br>CLINICAL                                       | Prof Banerjee / clinical placement team | Continued supervised clinical observation and discussion.                                                                          |
| 15:00–16:00 | <b>Clinical case-based discussion / NHS practice reflection</b><br>REFLECTION & FEEDBACK | Dr Isaac Choi                           | Discussion of clinical cases, NHS team structures, professional roles, and how clinical decision-making is approached in practice. |

## Wednesday 5 August 2026

### Clinical Placement and Research

| Time        | Session                                                             | Lead / Facilitator                      | Purpose                                                                                                                                                                                                                                         |
|-------------|---------------------------------------------------------------------|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00–12:30 | <b>Clinical placement</b><br>CLINICAL                               | Prof Banerjee / clinical placement team | Continued clinical immersion and observation.                                                                                                                                                                                                   |
| 12:30–13:30 | <b>Lunch</b><br>BREAK                                               | –                                       | Break.                                                                                                                                                                                                                                          |
| 13:30–15:00 | <b>Research pathways and the PhD student experience</b><br>ACADEMIC | Prof Rajko Reljic                       | What a PhD student actually does day to day, how academic research works at City St George's, how students can engage with research, and what makes research here distinctive. Illustrated through two or three personal projects and examples. |
| 15:00–16:30 | <b>Clinical placement</b><br>CLINICAL                               | Prof Banerjee / clinical placement team | Continued supervised clinical immersion and observation with the clinical placement team.                                                                                                                                                       |
| 16:30–17:00 | <b>Daily reflection and questions</b><br>REFLECTION & FEEDBACK      | Nominated facilitator from renal team   | Short structured debrief to identify key learning points and questions arising from the first clinical days.                                                                                                                                    |

## Thursday 6 August 2026

### Problem-Based Learning and Clinical Placement

| Time        | Session                                                   | Lead / Facilitator                       | Purpose                                                                                                                                                                     |
|-------------|-----------------------------------------------------------|------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00–10:30 | <b>Problem-Based Learning (PBL)</b><br>ACADEMIC           | Dr Karima Zitouni                        | Introduction to the pedagogy underlying problem-based learning, how it shapes the City St George's curriculum, and a worked example of how students engage with a PBL case. |
| 10:30–13:00 | <b>Clinical placement</b><br>CLINICAL                     | Prof Banerjee / clinical placement team  | Continued supervised clinical immersion and observation with the clinical placement team.                                                                                   |
| 12:00–13:00 | <b>Lunch</b><br>BREAK                                     | –                                        | Break.                                                                                                                                                                      |
| 13:00–15:30 | <b>Clinical placement</b><br>CLINICAL                     | Prof Banerjee / clinical placement team  | Continued supervised clinical immersion and observation with the clinical placement team.                                                                                   |
| 15:30–16:00 | <b>Reflection and discussion</b><br>REFLECTION & FEEDBACK | Nominated facilitator from clinical team | Students identify key differences between UK and Saudi clinical learning environments and record questions for the end-of-week debrief.                                     |

## Friday 7 August 2026

### Clinical Placement and End-of-Week Consolidation

| Time        | Session                                                                                            | Lead / Facilitator                      | Purpose                                                                                                                                                                                                                                                                       |
|-------------|----------------------------------------------------------------------------------------------------|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00–12:30 | <b>Clinical placement</b><br>CLINICAL                                                              | Prof Banerjee / clinical placement team | Final clinical exposure session for week 1.                                                                                                                                                                                                                                   |
| 12:30–13:30 | <b>Lunch</b><br>BREAK                                                                              | –                                       | Break.                                                                                                                                                                                                                                                                        |
| 13:30–14:30 | <b>Physician Associates, medical education and team-based care in the NHS</b><br>ACADEMIC          | Dr Amy Donaldson-Perrott                | What Physician Associates are; how PA education works at City St George's; how PA training overlaps with and differs from MBBS; how PAs work within NHS teams; the importance of supervision and scope of practice; and how interprofessional learning supports patient care. |
| 14:30–15:15 | <b>Comparative reflection: UQU and City St George's medical education</b><br>REFLECTION & FEEDBACK | Nominated facilitator                   | Structured discussion comparing clinical learning, curriculum, assessment, student support and professional development across both institutions.                                                                                                                             |
| 15:15–16:30 | <b>Clinical placement</b><br>CLINICAL                                                              | Prof Banerjee / clinical placement team | Final supervised clinical immersion and observation session for week 1.                                                                                                                                                                                                       |
| 16:30–17:00 | <b>End-of-week debrief, feedback and planning for week 2</b><br>REFLECTION & FEEDBACK              | Prof Banerjee and Dr Hamed Khan         | Gather student feedback, identify learning priorities for the following week, and clarify arrangements for the next stage of the exchange.                                                                                                                                    |



## Suggested Outputs for the End of Week 1

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By the end of the first week, each student should ideally have:

- Attended a formal institutional and NHS orientation
- Met City St George's students and discussed the student experience
- Completed supervised clinical observation
- Understood key features of UK clinical education, curriculum and assessment
- Attended at least one research or academic enrichment session
- Experienced a problem-based learning (PBL) session and understood how it underpins the curriculum

Completed a short reflective note covering:

- What they observed
- What surprised them
- What differs from their own learning environment
- What they would like to explore further in week 2

## Additional Recommendations

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### 1. Global partnership welcome session

Given the broader strategic value of the UQU collaboration, include Ben Ayres, Ahalya Subramaniam or Lucy Dipper at some point, even for 20–30 minutes. This would signal that the exchange is part of a developing institutional partnership, not just a local placement. City St George's has publicly framed the UQU relationship around student exchange, research partnerships, joint funding opportunities and global student mobility.

### 2. One-page learning agreement

Confirming that students are visiting medical students working within that capacity; that they observe and learn under supervision; that they must follow confidentiality, infection control, dress code and professional conduct expectations; that they must not undertake clinical tasks unless explicitly permitted and supervised; and that they should keep a short daily reflective log. This aligns with GMC expectations around medical student professionalism and conduct.

### 3. Interactive assessment / OSCE demonstration

Build interactivity into the assessment session: a short explanation of UK medical assessment, an OSCE station demonstration, an explanation of standard setting and examiner calibration, and how assessment links to GMC Outcomes for Graduates – which the GMC describes as a guide for students, a basis for medical school curricula and a blueprint for assessment.

### 4. Clinical Skills and simulation showcase

One of the strongest institutional offerings. The Friday afternoon session should cover how clinical skills are taught longitudinally, how simulation supports patient safety, how OSCE-style teaching is delivered, and a demonstration of one or two stations.

### 5. Comparative medical education reflection

Ask students to reflect on NHS versus Saudi healthcare structures, clinical learning opportunities, the student–supervisor relationship, assessment culture, patient communication and professionalism, and research opportunities. This could generate useful feedback for future cohorts and support a short internal report.

### 6. Research culture session

Frame the session as “Research pathways and clinical academic careers: from undergraduate curiosity to postgraduate research.” This gives the visit greater academic depth and aligns with the partnership's research ambitions.

### 7. Cardiovascular / heart failure academic session

Most valuable if linked to a clinical case, MDT care, translational research, and differences in disease burden and healthcare delivery between the UK and Saudi Arabia.

**8. Formal end-of-week feedback form**

Keep it short: best session of the week; most useful clinical learning; one thing that was unclear; one session they would like more of; and suggestions for future UQU students. This supports quality assurance of the six-week model.

**9. Communications item (with consent)**

City St George's has already publicly highlighted UQU as a developing partnership, so a short comms item at the end of the visit would be valuable, provided consent and institutional approvals are in place. The visit can be positioned as a practical next step in student mobility, academic exchange and research partnership.

**10. London / cultural element**

Even a modest student-led element would be worthwhile: a Student Union tour, local Tooting orientation, an optional evening meal with student representatives, or an optional visit to a medically relevant London site such as the Wellcome Collection or Royal College of Physicians Museum.

## References

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- [1] City St George's, University of London – Umm Al-Qura University delegation visit and partnership announcement: [www.citystgeorges.ac.uk/news-and-events/news/2025/august/uqu-visit](http://www.citystgeorges.ac.uk/news-and-events/news/2025/august/uqu-visit)
- [2] Umm Al-Qura University, College of Medicine: [uqu.edu.sa/en/colmedsc](http://uqu.edu.sa/en/colmedsc)
- [3] GMC – Achieving good medical practice: guidance for medical students: [www.gmc-uk.org/education/standards-guidance-and-curricula/guidance/student-professionalism-and-ftp/achieving-good-medical-practice](http://www.gmc-uk.org/education/standards-guidance-and-curricula/guidance/student-professionalism-and-ftp/achieving-good-medical-practice)
- [4] GMC – Outcomes for Graduates: [www.gmc-uk.org/education/standards-guidance-and-curricula/standards-and-outcomes/outcomes-for-graduates/outcomes-for-graduates](http://www.gmc-uk.org/education/standards-guidance-and-curricula/standards-and-outcomes/outcomes-for-graduates/outcomes-for-graduates)

## Week 2

The second week is a clinical placement embedded with the medical team on call at St George's Hospital, led by Professor Banerjee and Dr Vasantha Muthuppalaniappan. Monday to Thursday provide sustained, supervised clinical observation with the on-call team; Friday consolidates the placement with structured reflection and feedback.

## Monday 10 August 2026

### Clinical Placement – Medical Team On Call

| Time        | Session                                                         | Lead / Facilitator                              | Purpose                                                                                                                                                                      |
|-------------|-----------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00–10:00 | <b>Placement briefing and join the on-call team</b><br>CLINICAL | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Brief from the supervising team, orientation to the day's on-call activity, expected conduct and learning objectives.                                                        |
| 10:00–12:30 | <b>Observing the medical team on call</b><br>CLINICAL           | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Supervised observation of acute and ward-based clinical practice with the on-call medical team, including patient assessment, decision-making and multidisciplinary working. |
| 12:30–13:30 | <b>Lunch</b><br>BREAK                                           | –                                               | Break.                                                                                                                                                                       |
| 13:30–16:00 | <b>Observing the medical team on call</b><br>CLINICAL           | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Continued supervised clinical observation with the on-call team, with opportunities for case-based discussion and questions.                                                 |

## Tuesday 11 August 2026

### Clinical Placement – Medical Team On Call

| Time        | Session                                                         | Lead / Facilitator                              | Purpose                                                                                                                                                                      |
|-------------|-----------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00–10:00 | <b>Placement briefing and join the on-call team</b><br>CLINICAL | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Brief from the supervising team, orientation to the day's on-call activity, expected conduct and learning objectives.                                                        |
| 10:00–12:30 | <b>Observing the medical team on call</b><br>CLINICAL           | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Supervised observation of acute and ward-based clinical practice with the on-call medical team, including patient assessment, decision-making and multidisciplinary working. |
| 12:30–13:30 | <b>Lunch</b><br>BREAK                                           | –                                               | Break.                                                                                                                                                                       |
| 13:30–16:00 | <b>Observing the medical team on call</b><br>CLINICAL           | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Continued supervised clinical observation with the on-call team, with opportunities for case-based discussion and questions.                                                 |

## Wednesday 12 August 2026

### Clinical Placement – Medical Team On Call

| Time        | Session                                                         | Lead / Facilitator                              | Purpose                                                                                                                                                                      |
|-------------|-----------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00–10:00 | <b>Placement briefing and join the on-call team</b><br>CLINICAL | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Brief from the supervising team, orientation to the day's on-call activity, expected conduct and learning objectives.                                                        |
| 10:00–12:30 | <b>Observing the medical team on call</b><br>CLINICAL           | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Supervised observation of acute and ward-based clinical practice with the on-call medical team, including patient assessment, decision-making and multidisciplinary working. |
| 12:30–13:30 | <b>Lunch</b><br>BREAK                                           | –                                               | Break.                                                                                                                                                                       |
| 13:30–16:00 | <b>Observing the medical team on call</b><br>CLINICAL           | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Continued supervised clinical observation with the on-call team, with opportunities for case-based discussion and questions.                                                 |

## Thursday 13 August 2026

### Clinical Placement – Medical Team On Call

| Time        | Session                                                         | Lead / Facilitator                              | Purpose                                                                                                                                                                      |
|-------------|-----------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00–10:00 | <b>Placement briefing and join the on-call team</b><br>CLINICAL | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Brief from the supervising team, orientation to the day's on-call activity, expected conduct and learning objectives.                                                        |
| 10:00–12:30 | <b>Observing the medical team on call</b><br>CLINICAL           | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Supervised observation of acute and ward-based clinical practice with the on-call medical team, including patient assessment, decision-making and multidisciplinary working. |
| 12:30–13:30 | <b>Lunch</b><br>BREAK                                           | –                                               | Break.                                                                                                                                                                       |
| 13:30–16:00 | <b>Observing the medical team on call</b><br>CLINICAL           | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Continued supervised clinical observation with the on-call team, with opportunities for case-based discussion and questions.                                                 |



## Friday 14 August 2026

### Clinical Placement, Reflection and Close

| Time        | Session                                                 | Lead / Facilitator                              | Purpose                                                                                                                                                                      |
|-------------|---------------------------------------------------------|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 09:00–12:30 | <b>Clinical placement</b><br>CLINICAL                   | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Final supervised clinical observation with the on-call medical team for the exchange.                                                                                        |
| 12:30–13:30 | <b>Lunch</b><br>BREAK                                   | –                                               | Break.                                                                                                                                                                       |
| 13:30–14:00 | <b>Reflection and feedback</b><br>REFLECTION & FEEDBACK | Prof Banerjee and Dr Vasantha Muthuppalaniappan | Structured reflection on the placement: what students observed, key learning points, how UK practice compares with their own clinical environment, and two-way feedback.     |
| 14:00–15:30 | <b>Closing event</b><br>NETWORKING                      | Prof Banerjee and Dr Hamed Khan                 | Informal closing session with the host team to mark the end of the exchange - an opportunity to celebrate the students' achievements and present certificates of attendance. |