

Survey Questionnaire

Therapeutic Duplication Risk Among Adults in Saudi Arabia

Instructions: Please answer the following questions. All responses are anonymous. Select the most appropriate answer unless otherwise specified.

Section A: Demographics

1. Age (in years): _____
2. Gender: ☐ Male ☐ Female ☐ Prefer not to say
3. Region of residence: ☐ Central ☐ Western ☐ Eastern ☐ Northern ☐ Southern
4. Highest education level: ☐ High school or below ☐ Diploma ☐ Bachelor's ☐ Postgraduate
5. Do you have any chronic disease? ☐ Yes ☐ No

Section B: Medication Use and Exposure

6. Have you used any medications in the past 3 months? ☐ Yes ☐ No
7. Do you regularly use over-the-counter (OTC) medications? ☐ Yes ☐ No
8. How often do you read the active ingredient label before taking a medication? ☐ Always ☐ Sometimes ☐ Rarely ☐ Never
9. Have you ever used two medications at the same time for the same symptom? ☐ Yes ☐ No ☐ Not sure
10. Have you ever combined prescription and OTC medications without consulting a healthcare professional? ☐ Yes ☐ No

Section C: Ingredient Literacy

11. Do you know what an 'active ingredient' means? ☐ Yes ☐ No
12. Can two different brand names contain the same active ingredient? ☐ Yes ☐ No ☐ Not sure
13. Taking two medicines with the same active ingredient can increase side effects. ☐ Agree ☐ Neutral ☐ Disagree

14. Do you check for duplicated ingredients in cold/flu combination products? ☐ Always ☐ Sometimes ☐ Never

Section D: Safety Behaviors

15. Do you consult a pharmacist before buying OTC medicines? ☐ Always ☐ Sometimes ☐ Never

16. Do you keep a list of your current medications? ☐ Yes ☐ No

17. Have you ever experienced side effects after combining medications? ☐ Yes ☐ No ☐ Not sure

18. Would you stop a medication if you realized it duplicates another? ☐ Yes ☐ No ☐ Not sure

Section E: Objective Duplication Risk (Vignette-Based)

19. If you are taking paracetamol and buy a cold medicine containing paracetamol, is this duplication? ☐ Yes ☐ No ☐ Not sure

20. If you take ibuprofen and another NSAID at the same time, is this duplication? ☐ Yes ☐ No ☐ Not sure

21. Using two antihistamines together increases risk. ☐ Agree ☐ Neutral ☐ Disagree

22. Taking two brands with different names is always safe. ☐ Agree ☐ Neutral ☐ Disagree

Section F: Attitudes and Awareness

23. Do you think medication duplication is common in Saudi Arabia? ☐ Yes ☐ No ☐ Not sure

24. Would you like more public education about safe medication use? ☐ Yes ☐ No

25. Who should be primarily responsible for preventing duplication? ☐ Physician ☐ Pharmacist ☐ Patient ☐ All equally