**Journal of Umm Al-Qura University for
 Medical Sciences**
Journal homepage: <https://uqu.edu.sa/en/mj>

***Type of Article (Research, Review, Case Study)*Title (Max Words 15) (Times New Roman Size 12)**

**Author1\*, Author2, Author3, Author4, Author5** (Times New Roman Size 10)
 1 Affiliation (Department/Faculty, Organization/University, City, Postal Code, Country)
 (Times New Roman Size 9)

2 Affiliation (Department/Faculty, Organization/University, City, Postal Code, Country)
3 Affiliation (Department/Faculty, Organization/University, City, Postal Code, Country)
4 Affiliation (Department/Faculty, Organization/University, City, Postal Code, Country)
5 Affiliation (Department/Faculty, Organization/University, City, Postal Code, Country)

A concise and factual abstract is required. **(Max. 250 words)**

The abstract should be divided into 4 sections where the authors state briefly the
(1) **Background/ Purpose of the research**
(2) **Materials/methods** used in the research, the principal
(3) **Results** and major
(4) **Conclusions**.

An abstract is often presented separately from the article, so it must be able to stand alone. For this reason, References should be avoided, but if essential, then cite the author(s) and year(s). Also, non-standard, or uncommon abbreviations should be avoided, but if essential they must be defined at their first mention in the abstract itself.

Times New Roman Size 9

**ABSTRACT (Times New Roman Size 9)**

**ARTICLE INFO**

Received: DD/MM/YYYY
Revised: DD/MM/YYYY
Accepted: DD/MM/YYYY

***Keywords:***
5 Keywords (Times New Roman Size 9)

**\*Corresponding author:**
Name
E: authoremail@uqu.edu.sa

1. **INTRODUCTION (Times New Roman Size 10)**Text (Times New Roman Size 10)

**(**Text Font: Times New Roman, Text size,10)

Please apply 1 space between lines of text and 1.5 space between paragraphs.

***Figures, Tables and Schemes***

All figures and tables should be cited in the main text as Figure 1, Table 1, etc.

**Figure Captions**
Ensure that each illustration has a caption. A caption should comprise a brief title (**not** on the figure itself) and a description of the illustration. Keep text in the illustrations themselves to a minimum but explain all symbols and abbreviations used.

**Tables**
Please submit tables as editable text and not as images. Tables can be placed next to the relevant text in the article. Number tables consecutively in accordance with their appearance in the text and place any table notes below the table body. Be sparing in the use of tables and ensure that the data presented in them do not duplicate results described elsewhere in the article. Please avoid using vertical rules and shading in table cells.
(Font: Times New Roman, Size 9)

**Note:** No space should be added between the rows and columns in the table. A paragraph spacing of 1.5 must be added between the graphs.

**1.1. Sub-Heading**Text (Times New Roman Size 10)

# **2. MATERIALS AND METHODS**

Text (Times New Roman Size 10)

**2.1 Sub-Heading**Text (Times New Roman Size 10)

## **2.2 Sub-Heading**

## **2.3 Sub-Heading**

##

### 2.3.1 Sub-Subheading (Times New Roman Size 10)

*Text (Times New Roman Size 10)*

### 2.3.2 Sub-Subheading

*Text (Times New Roman Size 10)*

# **3. RESULTS**

Text (Times New Roman Size 10)

## **3.1 Sub-Heading**

Text (Times New Roman Size 10)

**3.2 Sub-Heading**
Text (Times New Roman Size 10)

# **4. DISCUSSION**

Text (Times New Roman Size 10)

## **4.1 Sub-Heading**

Text (Times New Roman Size 10)

## **4.2 Sub-Heading**

Text (Times New Roman Size 10)

# **5. CONCLUSION AND RECOMMENDATION**

Text (Times New Roman Size 10)

# **AUTHOR CONTRIBUTION**

# **SOURCE OF FUNDING**

# **CONFLICT OF INTEREST**

# **ACKNOWLEDGEMENTS**

List here those individuals who provided help during the research (e.g., providing language help, writing assistance, or proofreading the article, etc.).

# **REFERENCES**

**(APA 7th Edition)**

Text size 9 Font Times New Roman

***EXAMPLES OF ITEMS IN A REFERENCE LIST***JOURNAL ARTICLES:

Horowitz, L. M., & Post, D. L. (1981). The prototype as a construct in abnormal psychology. *Journal of Abnormal Psychology, 90*(6), 575-585.

BOOKS:

Smith, V., Barr, R., & Burke, D. (1976). Alternatives in education: Freedom to choose. Bloomington, IN: Phi Delta Kappa, Educational Foundation.

**Note:** All paragraphs must be evenly adjusted and justified in both the columns.

**DOI:** (Editorial Office Use)