

## CHAPTER 7

# Work and Kinetic Energy

# Units of Chapter 7



- ☐ Work Done by a Constant Force
- ☐ Work Done by a Variable Force
- ☐ Kinetic Energy and the Work-Energy Theorem
- ☐ Power

# 7-1 Work Done by a Constant Force

- The definition of work, when the force is parallel to the displacement is:

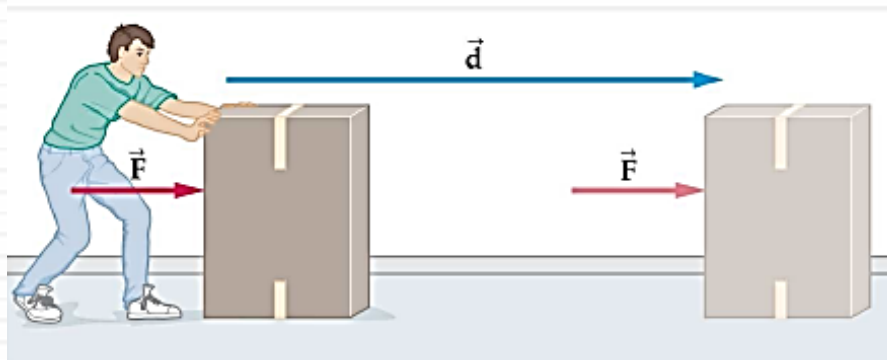
$$W = F d$$

**Work done = force x distance moved**

**1 joule = 1 newton x 1 metre**

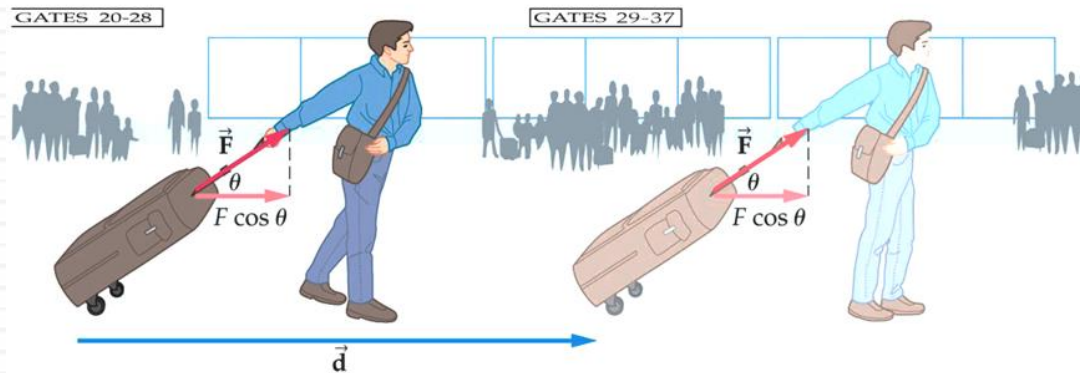
**1 J = 1 x 1 Nm**

- Si unit: newton-meter (N.m) = joule, J
- Work is a scalar quantity.



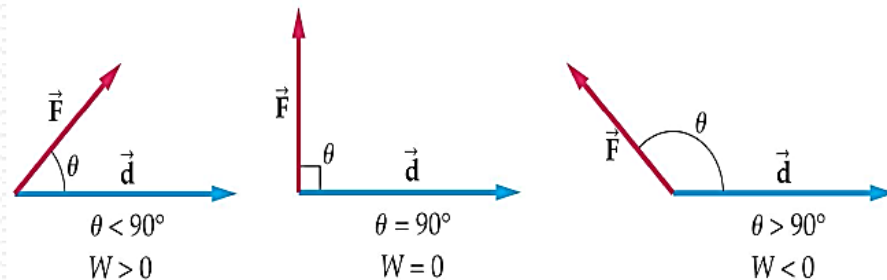
# 7-1 Work Done by a Constant Force

- If the force is at an angle  $\theta$  to the displacement:



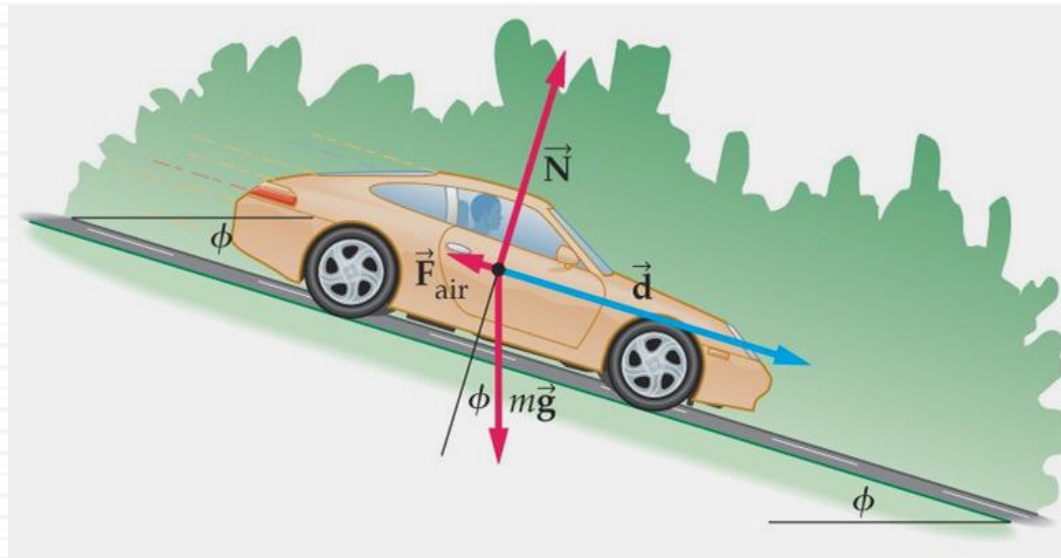
$$W = (F \cos \theta) d = F d \cos \theta = \vec{F} \cdot \vec{d}$$

- The work done may be positive, zero, or negative depending on the angle between the force and the displacement



# 7-1 Work Done by a Constant Force

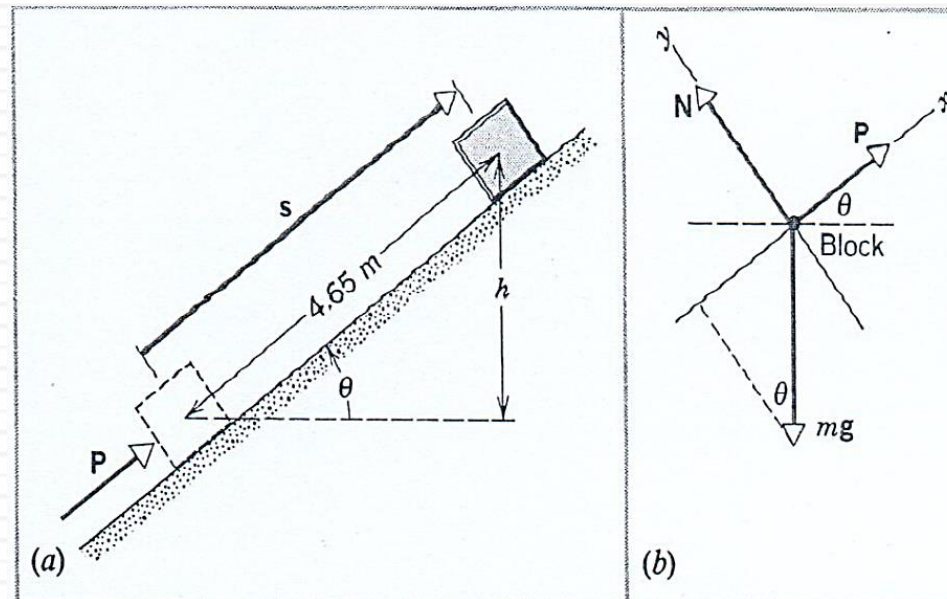
- If there is more than one force acting on an object (engine, gravity, ground friction, air drag, etc...) we can find the work done by each force, and also the work done by the net force:



# Sample Problem 1

Block of mass  $m=11.7$  kg is pushed a distance  $s=4.65$  m along a frictionless incline to raise it a distance  $h = 2.86$  m.

Calculate work you would do if you apply a force parallel to the incline to push the block up at constant speed (assume no friction force in the process)



# Solution

We must find  $P$ , the magnitude of the force pushing the block up. Because the motion is not accelerated (speed is constant), the net force parallel to the plane must be zero. If we choose our  $x$  axis parallel to the plane, with positive direction up the plane, we have, from Newton's second law,

$$x\text{component: } P - mg \sin \theta = 0,$$

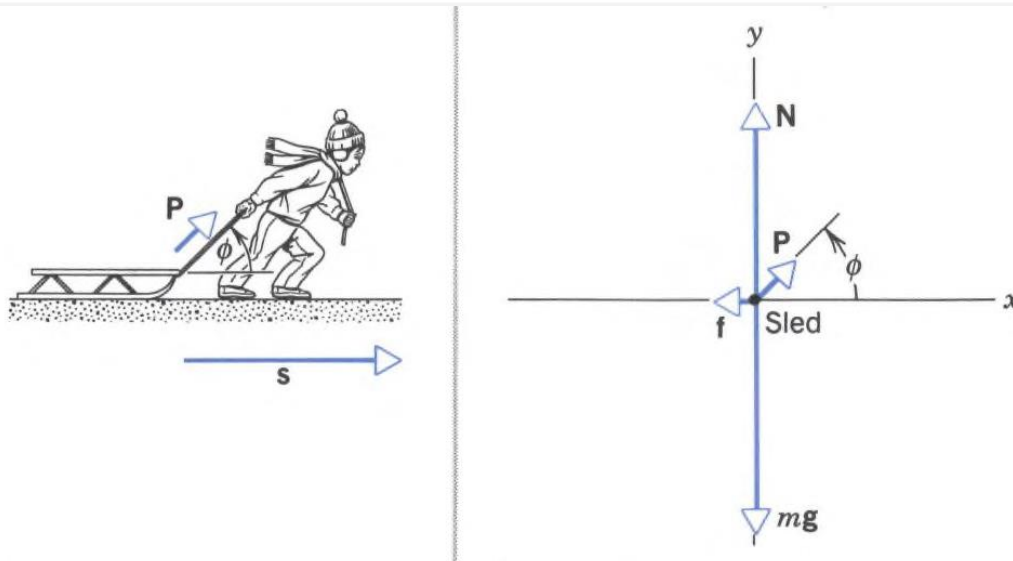
$$P = mg \sin \theta = (11.7 \text{ kg})(9.80 \text{ m/s}^2)\left(\frac{2.86 \text{ m}}{4.65 \text{ m}}\right) = 70.5 \text{ N}.$$

Then the work done by  $P$ , from Eq. (6.1.3) with  $\phi = 0^\circ$ , is

$$W = \mathbf{P} \cdot \mathbf{s} = Ps \cos 0^\circ = Ps = (70.5 \text{ N})(4.65 \text{ m}) = 328 \text{ J}.$$

# Sample Problem 2

A child pulls a 5.6-kg sled distance of  $S=12\text{m}$  on a horizontal surface at a constant speed. What work does the child do on the sled if the coefficient of kinetic friction  $\mu_k$  is 0.20 and the cord makes an angle of  $\phi = 45^\circ$  with the horizontal?





# Solution

The work done by the child on the sled is:  $W = \mathbf{P} \cdot \mathbf{s} = Ps \cos \phi$ .  
The sled is moving at a constant speed i.e. net force = 0, i.e.

$$x \text{ component: } P \cos \phi - f = 0,$$

$$y \text{ component: } P \sin \phi + N - mg = 0.$$

Where  $f$  is the static friction,  $N$  is the normal force such that

$$f = \mu_k N.$$

These three equations contain three unknown quantities:  $P$ ,  $f$ , and  $N$ . To find  $P$  we eliminate  $f$ , and  $N$  from these equations and solve the remaining equation for  $p$ .

# Solution

$$P = \frac{\mu_k mg}{\cos \phi + \mu_k \sin \phi}$$

$$\mu_k = 0.20, mg = (5.6 \text{ kg})(9.8 \text{ m/s}^2) = 55 \text{ N}, \text{ and } \phi = 45^\circ$$

$$P = \frac{(0.20)(55 \text{ N})}{\cos 45^\circ + (0.20)(\sin 45^\circ)} = 13 \text{ N}$$

$$W = Ps \cos \phi = (13 \text{ N})(12 \text{ m})(\cos 45^\circ) = 110 \text{ J}$$

# 7-3 Work Done by a Variable Force

- If the force is not constant on each displacement, the work done on each segment

$$\delta W_1 = F_1 \delta x.$$

And the total work done is

$$\begin{aligned} W &= \delta W_1 + \delta W_2 + \delta W_3 + \dots \\ &= F_1 \delta x + F_2 \delta x + F_3 \delta x + \dots \end{aligned}$$

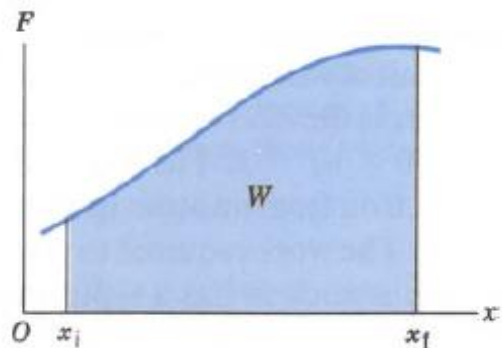
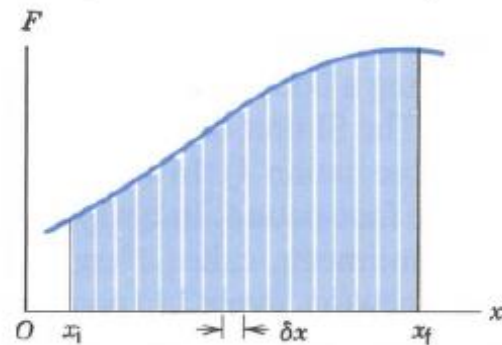
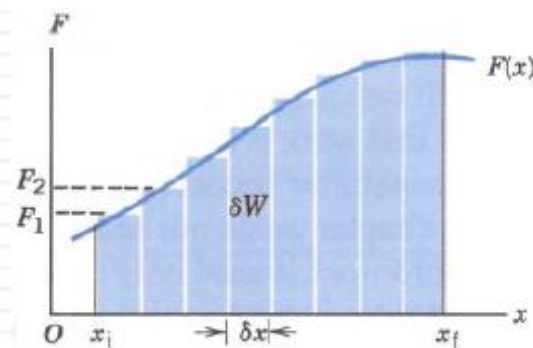
$$W = \sum_{n=1}^N F_n \delta x,$$

If the displacements are very small, then

$$W = \lim_{\delta x \rightarrow 0} \sum_{n=1}^N F_n \delta x.$$

Which is the integration form

$$W = \int_{x_i}^{x_f} F(x) dx.$$



# 7-3 Work Done by a Variable Force

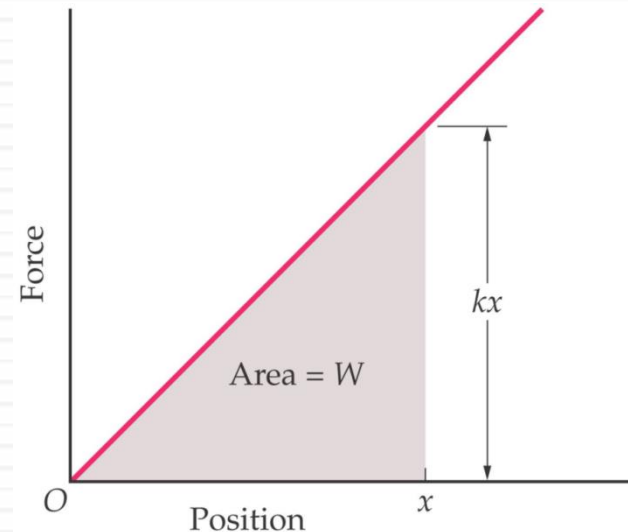
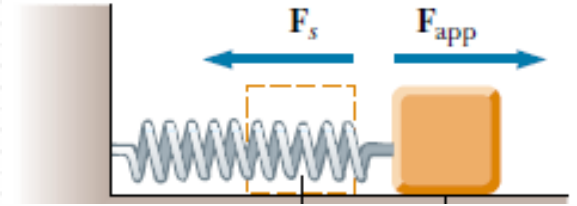
- The force needed to stretch a spring an amount  $x$  is

$$F = -k.x.$$

Where  $k$  is the spring constant.

- As  $x$  increases, the force needed  $F$  also increase.
- Therefore, the work done in stretching the spring is

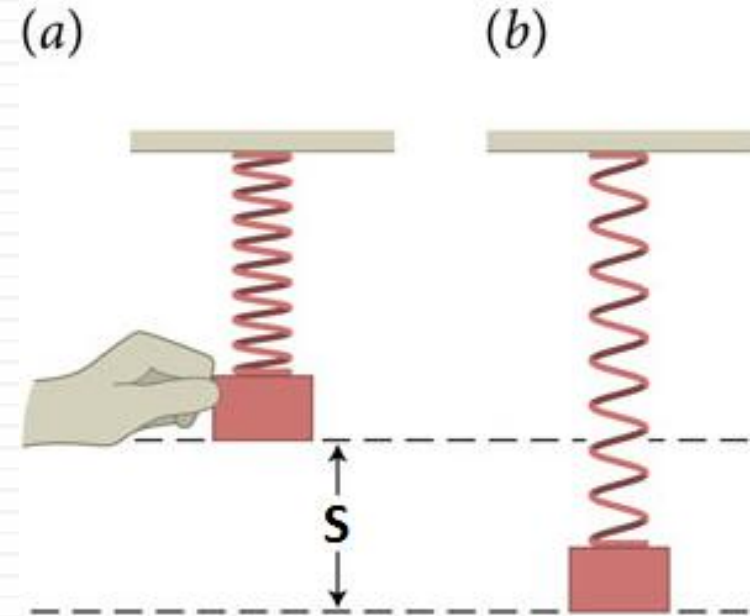
$$W = \int_{x_1}^{x_2} F(x)dx = \int_{x_i}^{x_f} kx dx = \frac{-1}{2} kx_f^2 - \frac{1}{2} kx_i^2 = -\frac{1}{2} kx^2$$



# Sample Problem 3

A spring hangs vertically in equilibrium. A mass  $m = 6.40 \text{ kg}$  is attached to the spring, and is held in place so that at first the spring does not stretch. Now the hand holding the block is slowly lowered, allowing the block to descend at constant speed until equilibrium is reached. The hand is then removed. The spring has been stretched by a distance  $S = 0.124 \text{ m}$ . Find the work done on the block in this process by

(a) gravity, and (b) the spring.



# Solution

The net force acting on the spring is

$$\sum F = mg - ks = 0.$$

The spring constant is

$$k = mg/s = (6.40 \text{ kg})(9.80 \text{ m/s}^2)/(0.124 \text{ m}) = 506 \text{ N/m}.$$

(a) Work done by gravity is:

$$W_g = Fs = mgs = (6.40 \text{ kg})(9.80 \text{ m/s}^2)(0.124 \text{ m}) = +7.78 \text{ J}$$

It is positive because the force and displacement are in the same direction.

(b) Work done by spring is:

$$W_s = -\frac{1}{2}ks^2 = -\frac{1}{2}(506 \text{ N/m})(0.124 \text{ m})^2 = -3.89 \text{ J}$$

It is negative because the force and displacement are in opposite directions.

# 7-3 Kinetic Energy and the Work-Energy Theorem

- We define the kinetic energy (  $K$  ):

$$K = \frac{1}{2}mv^2$$

- Work-Energy Theorem: The total work done on an object is equal to its change in kinetic energy.

$$W_{\text{total}} = \Delta K = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$$

- SI unit is Joule, (J)

# Sample Problem 5

One method of determining the kinetic energy of neutrons in a beam, such as from a nuclear reactor, is to measure how long it takes a particle in the beam to pass two fixed points a known distance apart. This technique is known as the *time-of-flight* method. Suppose a neutron travels a distance of  $d = 6.2 \text{ m}$  in a time of  $t = 160 \text{ } \mu\text{s}$ .

What is its kinetic energy?

The mass of a neutron is  $1.67 \times 10^{-27} \text{ kg}$ .

## Solution

The velocity of the particle is:

$$v = \frac{d}{t} = \frac{6.2 \text{ m}}{160 \times 10^{-6} \text{ s}} = 3.88 \times 10^4 \text{ m/s}.$$

Then, the kinetic energy is:

$$\begin{aligned} K &= \frac{1}{2}mv^2 = \frac{1}{2}(1.67 \times 10^{-27} \text{ kg})(3.88 \times 10^4 \text{ m/s})^2 \\ &= 1.26 \times 10^{-18} \text{ J} = 7.9 \text{ eV}. \end{aligned}$$



# Sample Problem 6

A body of mass  $m = 4.5 \text{ g}$  is dropped from rest at a height  $h = 10.5 \text{ m}$  above the Earth's surface. What will its speed be just before it strikes the ground?

## Solution

The gain in kinetic energy is equal to the work done by the resultant force, which is the force of gravity. This force is constant and directed along the line of motion, so that the work done by gravity is

$$W = \mathbf{F} \cdot \mathbf{s} = mgh.$$

Initially, the body has a speed  $v_0 = 0$  and finally a speed  $v$ . The gain in kinetic energy of the body is

$$\Delta K = \frac{1}{2}mv^2 - \frac{1}{2}mv_0^2 = \frac{1}{2}mv^2 - 0.$$

According to the work-energy theorem,  $W = \Delta K$ , then  $mgh = \frac{1}{2}mv^2$ .

$$v = \sqrt{2gh} = \sqrt{2(9.80 \text{ m/s}^2)(10.5 \text{ m})} = 14.3 \text{ m/s}.$$

# 7-5 Power

Power:

The rate at which work is done

$$P = \frac{W}{t}$$

SI unit: J/s = watt, W

- If an object is moving at a constant speed in the face of friction, gravity, air resistance, and so forth, the power exerted by the driving force can be written:

$$P = \frac{Fd}{t} = F\left(\frac{d}{t}\right) = Fv$$

# Sample Problem 8

An elevator has an empty weight of  $5160\text{ N}$ . It carries a maximum load of  $20$  passengers from the ground floor to the  $25\text{th}$  floor in a time of  $18\text{ seconds}$ . Assuming the weight of a passenger to be  $710\text{ N}$  and the distance between floors to be  $3.5\text{ m}$ , what is the power needed for the elevator motor?

## Solution

The force that must be exerted is the total weight of the elevator and passengers,  $F = 5160\text{ N} + 20(710)\text{ N} = 19.4\text{ kN}$ . The work that must be done is  $W = Fs = (19.400\text{ N})(25 \times 3.5\text{ m}) = 1.7 \times 10^6\text{ J}$ .

The minimum power is therefore

$$P = \frac{W}{t} = \frac{1.7 \times 10^6\text{ J}}{18\text{ s}} = 94\text{ kW}.$$

# Summary

The work done by a constant force  $\mathbf{F}$  acting on a particle is defined as the product of the component of the force in the direction of the particle's displacement and the magnitude of the displacement. Given a force  $\mathbf{F}$  that makes an angle  $\theta$  with the displacement vector  $\mathbf{d}$  of a particle acted on by the force, you should be able to determine the work done by  $\mathbf{F}$  using the equation

$$W \equiv Fd \cos \theta \quad (7.1)$$

The **kinetic energy** of a particle of mass  $m$  moving with a speed  $v$  (where  $v$  is small compared with the speed of light) is

$$K \equiv \frac{1}{2}mv^2 \quad (7.14)$$

The **work–kinetic energy theorem** states that the net work done on a particle by external forces equals the change in kinetic energy of the particle:

$$\sum W = K_f - K_i = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2 \quad (7.16)$$

The **instantaneous power**  $\mathcal{P}$  is defined as the time rate of energy transfer. If an agent applies a force  $\mathbf{F}$  to an object moving with a velocity  $\mathbf{v}$ , the power delivered by that agent is

$$\mathcal{P} \equiv \frac{dW}{dt} = \mathbf{F} \cdot \mathbf{v} \quad (7.18)$$

# Ch.7 Homework

- 1- To push a  $52\text{ kg}$  crate across a floor, a worker applies a force of  $190\text{ N}$  with direction  $22^\circ$  below the horizontal. As the crate moves  $3.3\text{ m}$ , how much work is done on the crate by (a) the worker, (b) the force of gravity, (c) the normal force of floor on the crate
- 2- A spring has a force constant of  $15.0\text{ N/cm}$ . How much work is required to extend the spring  $7.60\text{ mm}$  from its relaxed position?
- 3- Calculate the kinetic energies of the following objects moving at the given speeds: (a) a  $110\text{ kg}$  football player running at  $8.1\text{ m/s}$ ; (b) a  $4.2\text{ g}$  bullet at  $950\text{ m/s}$ .
- 4- A  $57\text{ kg}$  woman runs up stairs, having a rise of  $4.5\text{ m}$  in  $3.5\text{ s}$ . What is the average power must she supply.
- 5- Force  $F_1$  does  $5\text{ J}$  of work in  $10$  seconds, Force  $F_2$  does  $3\text{ J}$  of work in  $5$  seconds, Force  $F_3$  does  $6\text{ J}$  of work in  $18$  seconds, and Force  $F_4$  does  $25\text{ J}$  of work in  $125$  seconds, Sort these forces in order of increasing power they produce.