

# Overview of Organ Systems

# Objective:

By the end of this lecture, student should understand :

- The major organ systems of the body, Major components and main function of each system

# Major Organ Systems

There are 12 major organ systems of the body:

1. skeletal
2. muscular
3. Integumentary
4. nervous
5. endocrine

6. **cardiovascular**
7. **lymphatic**
8. **respiratory**
9. **digestive**
10. **urinary**
11. **reproductive (male and female genitalia)**
12. **immune**

# 1. Skeletal System

## A. Major Components

1. bone
2. cartilages
3. tendons
4. ligaments
5. joints

## **B. Major Functions**

1. provide protection for internal organs (skull, ribs)
2. provide support for body
3. mechanical advantage for muscular actions
4. storage of vital minerals - calcium
5. site of blood cell formation (marrow)

## 2. Muscular System

### A. Major Components

1. muscles of different type/function
  - a. skeletal muscles
  - b. smooth muscles
  - c. cardiac muscles

## **B. Major Functions**

### **1. skeletal muscle**

a. allows voluntary motions such as walking, and moving in general, facial expressions

## 2. smooth muscle

- a. contracts to allow involuntary motion
- b. along arteries, digestive tract

## 3. cardiac muscle

- a. propels blood through lungs and body

## 3. Integumentary System

### A. Major Components

1. skin
2. hair
3. sweat and oil glands
4. sensory organs and glands

## **B. Major Functions**

1. helps to regulate body temperature
2. protects against external injury .
3. responds to temperature, pressure, and pain

## 4. Nervous System

### A. Major Components

1. brain and spinal cord (Central Nervous System)
2. nerves and sensory organs (Peripheral N S)

### B. Major Functions

1. detect changes in internal and external environment
2. respond to changes to keep body homeostatic
3. organize activities of muscles and glands

# 5. Endocrine System

## A. Major Components

1. pituitary, thyroid, parathyroid, adrenal, pineal glands
2. ovaries, testes, pancreas

## B. Major Functions

1. maintains body homeostasis, growth, development
2. produce hormones in response to a variety of stimuli

## 6. Cardiovascular System

### A. Major Components

1. heart
2. blood vessels (arteries, veins, capillaries)
3. blood (serum, proteins, red & white cells)

### B. Major Functions

1. primarily a transport system moving blood
  - a. oxygen, carbon dioxide, ions (salts Na,K,Ca,Cl)
  - b. nutrients and waste
  - c. hormones and proteins
  - d. white blood cells and antibodies

# 7. Lymphatic System

## A. Major Components

1. lymph nodes and vessels
2. spleen
3. thymus
4. other scattered lymph tissue

## B. Major Functions

1. location of lymphocytes involved in body immunity
2. remove pathogens and debris from blood
3. returns leaked fluid to blood vessels

## 8. Respiratory System

### A. Major Components

1. nasal passages
2. pharynx, larynx, trachea, bronchi
3. lungs

### B. Major Functions

1. remove carbon dioxide from blood
2. allow blood to uptake oxygen from environment

## 9. Digestive System

### A. Major Components

1. oral cavity, esophagus
2. stomach
3. small and large intestine
4. rectum
5. other: teeth, salivary glands, liver, pancreas

### B. Major Functions

1. breakdown foods into minute particles to be absorbed by the blood and delivered to body
2. remove unused foodstuff from the body as feces

# 10. Urinary System

## A. Major Components

1. kidneys
2. ureters
3. bladder
4. urethra

## B. Major Functions

1. remove nitrogen-based waste molecules (urea, uric acid, ammonia) from the blood and body
2. maintain water balance and ion/acid balance of blood

# 11. Reproductive System

## A. Major Components

Male: testes, penis, and duct system for sperm

Female: ovaries, uterine tubes, uterus, vagina

## B. Major Functions

1. produce gametes (sperm and egg)
2. provide environment for fetal development

## **12. Immune System (Special)**

### **A. Major Components**

1. white blood cells and other special immune cells

### **B. Major Functions**

1. identify foreign material and eliminate it

**Thank you**